



## 825176 - Cucumber and Tomato Salad

Source: Farm to School

Number of Portions: 48

Size of Portion: 1/2 cup

### Components:

Meat/Alt:

Grains:

Fruit:

Vegetable:

Milk:

### Recipe Subgroups:

Vegetable, Red/Orange

Vegetable, Other

### Attributes:

Vegetables

HACCP Process: #1 No Cook

Ingredients	Measures	Instructions
825012R Ranch Dressing: School Made.....	2 cups	Prepare Ranch Dressing according to recipe 825012,  <b>CCP: Hold at 41 degrees F. or lower.</b> <b>CCP: No bare hand contact with ready to eat food.</b>
011205 CUCUMBER,WITH PEEL,RAW..... 011529 TOMATOES,RED,RIPE,RAW, YEAR RND AVERAGE....	4 lbs + 10 OZS (sliced) 4 lbs + 6 OZS (cherry tomatoes)	<b>CCP: No bare hand contact with ready to eat food.</b> Rinse cucumbers and cherry tomatoes under running water and drain in a colander. Cut cucumber in half lengthwise, then into quarters, then into ½ inch slices.  Place 2 pounds 5 ounces of prepared cucumbers and 2 pounds 3 ounces of cherry tomatoes into each 2 inch deep full-size steamtable pan.  Immediately before serving, add 1 cup School Made Ranch Dressing to each pan and stir gently to combine.
		Serve salad with 4 ounce spoodle or pre-portion with number 8 disher into ½ cup serving containers. <b>CCP: Hold and Serve at 41 degrees F. or lower.</b>

\*Nutrients are based upon 1 Portion Size (1/2 cup)

Calories	44	kcal	Cholesterol	3	mg	Sugars	2.2	g	Calcium	21.31	mg	69.29%	Calories from Total Fat
Total Fat	3.42	g	Sodium	27	mg	Protein	0.94	g	Iron	0.24	mg	9.79%	Calories from Saturated Fat
Saturated Fat	0.48	g	Carbohydrates	3.63	g	Vitamin A	393.2	IU	Water <sup>1</sup>	*85.65*	g	*0.00%*	Calories from Trans Fat
Trans Fat <sup>2</sup>	*0.00*	g	Dietary Fiber	0.73	g	Vitamin C	6.9	mg	Ash <sup>1</sup>	*0.44*	g	32.72%	Calories from Carbohydrates
												8.51%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Allergens							
Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
?	?	?	?	?	?	?	?
YES = Present    NO = Absent    ? = Undefined							